



## **Blu Flame Horsemanship**

Thank you for your interest in volunteering with Blu Flame Horsemanship! Below are listed the volunteer positions we have available, as well as the times we are looking for volunteers.

All volunteers will go through a training session prior to participation in our program. **During this training session, an evaluation will occur to determine how you will best assist our program.** You will be contacted after your training/evaluation to sign up for volunteer shifts.

Thank you again for your interest in Blu Flame Horsemanship, we look forward to working with you!

### **Volunteer Positions**

#### *Sidewalker*

No horse experience necessary! This position is very hands on with participants, assisting the instructor with rider support and activity completion. Must be able to walk for at least 30 minutes at a time on varying footing. Some light jogging (at most 3 minutes intermittently) may occur during a lesson depending on the participant, please make a note in your application if you are unable to jog during a lesson. Must be able to lift 30 lbs.

#### *Leadwalker*

Horse experience necessary! This position's primary role is to act as an emergency brake for the participant as well as assist the participant in maneuvering the horse as needed. Must be able to walk for at least 30 minutes at a time on varying footing. Some light jogging (at most 3 minutes intermittently) may occur during a lesson depending on the participant, please make a note in your application if you are unable to jog during a lesson. Must be able to lift 30 lbs.

#### *Farm Maintenance*

No horse experience necessary! This position includes cleaning around the farm, maintaining equipment, and basic horse care. Must be able to lift 50 lbs.

2557 Ackermanville Road, Bangor, PA 18013 | (570) 664-7510 |  
[bluflamehorsemanship@gmail.com](mailto:bluflamehorsemanship@gmail.com) | [bluflamehorsemanship.com](http://bluflamehorsemanship.com)

## **Volunteer Application**

Volunteer: \_\_\_\_\_ DOB: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Address: \_\_\_\_\_

What form of volunteering are you interested in? (Check all that apply):

- ☐ Leadwalking
- ☐ Sidewalking
- ☐ Farm Maintenance

Describe any previous horse experience both mounted and unmounted:

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Describe any experience with people with disabilities?

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Check all that apply to your current horse handling abilities:

- ☐ None
- ☐ Grooming independently
- ☐ Tacking independently
- ☐ Leading independently

Describe why you would like to volunteer with us:

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How did you hear about us?

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Please list any relevant medical history/physical limitations (include allergies and medications):

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Have you ever been convicted of a crime?

- ☐ Yes
- ☐ No
- ☐ If yes, please explain:

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Is there anything else we should know?

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- ☐ I have read and agreed to the Rules and Policies of Blu Flame Horsemanship
- ☐ I have read and signed the Authorization for Emergency Medical Treatment Form of Blu Flame Horsemanship
- ☐ I have read and signed the Equine Activity Release and Hold Harmless Agreement of Blu Flame Horsemanship

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Volunteer Name

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Parent/Guardian Name (if minor)

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Signature

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Date

### Availability

*Please check off all shifts you are available for/interested in volunteering during. There are 15 minute breaks in between each lesson, so you will get a few minutes to rest if you sign up for multiple lessons in a row. Thank you for your application and we look forward to working with you!*

#### Sundays

- ☐ 10 am - 10:30 am
- ☐ 10:45 am - 11:15 am
- ☐ 11:30 am - 12 pm
- ☐ 12:15 pm - 12:45 pm
- ☐ 1 pm - 1:30 pm

#### Mondays

- ☐ 3 pm - 3:30 pm
- ☐ 3:45 pm - 4:15 pm
- ☐ 4:30 pm - 5 pm
- ☐ 5:15 pm - 5:45 pm

#### Wednesdays

- ☐ 3 pm - 3:30 pm
- ☐ 3:45 pm - 4:15 pm
- ☐ 4:30 pm - 5 pm
- ☐ 5:15 pm - 5:45 pm

#### Fridays

- ☐ 3 pm - 3:30 pm
- ☐ 3:45 pm - 4:15 pm
- ☐ 4:30 pm - 5 pm
- ☐ 5:15 pm - 5:45 pm

#### Saturdays

- ☐ 12:30 pm - 1 pm
- ☐ 1:15 pm - 1:45 pm
- ☐ 2 pm - 2:30 pm
- ☐ 2:45 pm - 3:15 pm
- ☐ 3:30 pm - 4 pm